



RYPEN 2024

Gear List

REQUIRED GEAR

- Sleeping Bag
- Pillow
- Pyjamas
- Underwear
- Towel
- Toiletries
 - Toothbrush
 - Toothpaste
 - Body Wash
 - Deodorant, etc.

- Warm Clothes -Fleece jacket / woollen jersey
 - Long trousers / trackpants etc (x2). *Preferably not jeans - these are poor for warmth.*
 - Thermals / polypropylene / merino etc
 - Beanie, (fingerless) gloves

- Raincoat - Waterproof
- Socks (x4)
- Shorts (x2)
- T-Shirts (x3)
- Old clothes that can get dirty
- Togs / Swimming Gear
- Sunhat / Cap
- Sun-block
- Shoes – at least two pairs (fully enclosed)
- Torch
- Water bottle
- A single fitted sheet (for mattress)
- A Smile

OPTIONAL GEAR

- Wetsuit
 - Wetsuit water shoes
 - Sunglasses
 - Overtrousers
 - Insect Repellant
 - Camera - see mobile phone note below
 - Musical instrument (piano's not recommended 😊)
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- **Mobile phones will be collected on arrival at KEOC, and will not be available for general use due to the distraction these cause. This is a safety issue, and also a safeguard against damage. At designated times these may be given to candidates. Mobile coverage is limited at the venue.**