



RYPEN 2026

Gear List

REQUIRED GEAR

- Sleeping Bag & Single Sheet for use as mattress top sheet
- Pillow & Pillowcase
- Pyjamas or Sleepware
- Underwear
- Towel (x2)
- Toiletries
 - Toothbrush & Toothpaste
 - Body Wash
 - Deodorant, etc.
- Warm Clothes
 - Fleece jacket / woollen jersey
 - Long trousers / trackpants etc (x2). *Preferably not jeans - these are poor for warmth.*
 - **Thermals / polypropylene / merino etc**
***Recommended for around camp, and mandatory for rafting.**
 - Beanie, (fingerless) gloves
- Raincoat - Waterproof
- Socks (x4)
- Shorts (x2)
- T-Shirts (x3)
- Old clothes that can get dirty are recommended
- Togs / Swimming Gear
- Sunhat / Cap
- Sun-block
- Shoes – at least two pairs (**fully enclosed trainers recommended**)
***Enclosed shoes are required for rafting and the Army obstacle course and will get wet. Crocs or slides will not be permitted for these activities.**
- Torch
- Water bottle
- **A smile and positive attitude** 😊

OPTIONAL GEAR

- Wetsuit / Wetsuit booties / Reef shoes (for Rafting)
 - Sunglasses
 - Wet Weather Overtrousers
 - Insect Repellent
 - Camera - see mobile phone note below
 - Musical instrument, Card Games / Travel Games
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- **Mobile phones will be collected on arrival at KEOC, and will not be available for general use due to extremely limited network coverage, and the distraction these cause. This is a safety issue, and also a safeguard against damage. At designated times these may be given to candidates.**